



Our Beliefs

An Overview of Heal's Theology of Pain

At Heal, we believe ***God's heart is to free people who feel marginalized by their physical pain*** (Psalm 34:18). So often physical pain and limitations pull our eyes off Christ and onto our suffering. While challenging, pain and limitations have the ability to remind us of our need for God and actually draw us closer to him, but only when we allow them to. These are a few of our theological beliefs about pain:

Only God has the power to provide everlasting peace to those burdened with physical pain or limitation (Matthew 11:28).

God heals in the way that brings Him the most glory and draws us closest to Him (Philippians 3:10).

God's heart is to heal us physically, and that may be in this lifetime or it may be in the lifetime to come (John 11:21-26).

We believe in miraculous healing (Matthew 10:1-8), ***integrative/medical healing*** (1 Timothy 5:23), ***and ultimate/heavenly healing*** (1 Thessalonians 4:13-14).

We believe in asking God for healing while being surrendered to how and when He chooses to heal (Luke 22:42).

We believe that, while God cares about the state of our bodies, He is more concerned with our spiritual healing than our physical healing

(Matthew 10:28).

We believe physical pain is due to the fallen world sin created, though it can sometimes be due to contributing spiritual factors

(Psalm 38:2-7).

We do NOT believe in shaming people for their pain, but in giving them tools to walk in freedom through Christ, no matter what their healing looks like (John 9:1-3).

We believe that, while chronic physical pain or limitation makes many activities challenging, a healthy and vibrant walk with the Lord involves some level of participation in his Church here on earth

(Hebrews 10:25, James 5:14).
